

# WORLD LTAD | 2016 SYMPOSIUM

January 29 2016 | Hilton Lac-Leamy | GATINEAU QUEBEC



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## World LTAD Symposium | January 29th, 2016

8:30	
9:00	<b>Registration and Coffee (Foyer)</b>
9:15	Welcome and Opening Remarks Richard Way and Marischal DeArmond
9:45	International Trends 2013 – 2015 - An Overview Istvan Balyi and Richard Way (Canada)
10:15	LTAD in Botswana: The Challenges of Cross-Cultural Implementation Jennifer Brown (Botswana)
10:45	<b>Coffee Break</b>
11:30	LTAD in the Context of a Small Island Developing State Mary Wilfred, Cyril 'Ces' Podd, John 'Buzz' Erlinger-Ford, and Dr. Verneta Lesporis (St. Lucia)
12:00	Developing Athleticism (Driven by Strength and Skill from Early Years) is Essential for LTAD Rick Howard (United States)
12:30	Using LTAD Principles in Development Through Sport Initiatives: Examples from the Caribbean, Rwanda and Azerbaijan Colin Higgs (Canada)
1:45	<b>Lunch</b>
2:15	We're All in this Together – JudoScotland's Use of LTAD to Underpin an Evolution of Judo Delivery in Scotland Tony Penfold (Scotland)
2:45	How LTAD is Integrated into the ASA's Coach Development and Learn to Swim Frameworks Ian Freeman (United Kingdom)
3:15	It's All a Matter of Time – Athlete Development in the First Twenty Years of Life Steve Norris (Canada)
	Closing Comments Richard Way and Marischal DeArmond



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